



# **SwimAmerica™**

## **Swim School**

**Saturdays: April 9, 16, 23, 20 and  
May 7**

**New! Mon/Wed: May 9-23**

(Dates subject to final confirmation of LFC events)

## **Spring Registration!!**

Get ready for summer with swim lessons!

Register early and insure your spot.

The Lake Forest Swim Club continues a proud tradition of quality instruction in the 2011 Saturday Swim School. LFSC operates a *SwimAmerica* program under the direction of [Coach Laurel Liberty](#), Swim School Supervisor Brigit Issacson and Program Director Michael Lawrence. *SwimAmerica* is a state-of-the-art instructional program that allows students to progress at their own pace as new skills are acquired.

### **Levels I - X offered at each class time**

- **Maximum class size 5 students**
- **35 Minute Classes**
- **Saturday Class times are 8:30a or 9:10a**
- **New! Monday/Wednesday class at 4:30p**
- **\$90 per student**

A registration form for swim school (included on the back), accompanied by full payment, must be received at the Lake Forest Swim Club, 555 N. Sheridan Rd., Lake Forest, IL. 60045 by March 31<sup>st</sup>, 2011 for placement in a class. For your convenience we accept VISA/MC card as payment of all LFSC program fees. Please review all program policies and restrictions on the reverse side of this flyer.



If you are at least 6 years old and can swim one length of the pool freestyle and backstroke (or have passed Level 7 in the Swim America program), its time for you to join the Mighty Ducks! Call to schedule and evaluation.

**Lake Forest College, 555 N. Sheridan Rd., Lake Forest, IL 60045**

Voice (847) 735 5372

Fax (847) 735 6198

Email [coachlaurel@sbcglobal.net](mailto:coachlaurel@sbcglobal.net)

Website: [www.swimlfc.org](http://www.swimlfc.org)



# Lake Forest Swim Club Swim School Application



**LFSC swim school policies:** Swim School classes are limited to 5 students per instructor. Supervisors are solely responsible for evaluation, placement and progress to each level. No refunds will be made after April 1. Students may receive a full refund less \$25 if withdrawal is made prior to March 31. Credit for future classes must be used within one year.

<b>Family Name</b>			
<b>Mailing Address</b>			
	<b>City</b>		<b>Zip Code</b>
	<b>Phone</b>		<b>Cell Phone</b>
	<b>Email</b>		

<b>Emergency Contact</b>	(Name, relationship)	Phone
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<b>Swimmer 1</b>		<b>MI</b>		<b>List Any Medical Alerts Below</b>
<b>Preferred Name</b>				
<b>M F</b> (circle one)	<b>DOB</b>			
<b>Preferred Time</b>	<b>Previous Level</b>			

<b>Swimmer 2</b>		<b>MI</b>		<b>List Any Medical Alerts Below</b>
<b>Preferred Name</b>				
<b>M F</b> (circle one)	<b>DOB</b>			
<b>Preferred Time</b>	<b>Previous Level</b>			

Please read this form carefully and be aware that in signing up and participating in the above program(s) you will be waiving and releasing all claims for injuries you or the above participants might sustain arising out of these programs. "As a participant or guardian of a participant in the program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, including death, damages or losses which I or the above participant(s) may sustain as a result of participating in any and all activities connected with or associated with such programs. "I agree to waive and relinquish all claims I or the above participants(s) may have as a result of participating in the program against the Lake Forest Swim Club and its officers, agents, servants, employees, and directors. I do hereby fully release and discharge Lake Forest Swim Club and it's officers, agents, servants, employees, and directors from any and all claims from injuries including death, damages or loss which I or the above participants may have accrued to me (us) on account of participation in the program. "I further agree to indemnify and hold harmless and defend Lake Forest Swim Club and its officers, agents, servants, employees, and directors from any and all claims from injuries including death, damages and losses sustained by me or the above participant(s) and arising out of, connected with, or in any way associated with the activities of the program. I have read and fully understand the above program details and waiver and release of all claims."

For your convenience we accept VISA as payment for all Lake Forest Swim Club programs, fees, and charges. Please complete the information below:

Name on Card \_\_\_\_\_

VISA Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Authorized Signature \_\_\_\_\_