



WINDY CITY INVITATIONAL
Presented by
The Lake Forest Swim Club
JANUARY 7-8, 2012



The *Windy City Invitational* is sanctioned by USA Swimming and Illinois Swimming, Sanction No. ILS12-0117. All USA Swimming and ISI rules apply including safety rules that will be strictly enforced. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

LOCATION	University of Illinois Chicago, 901 W Roosevelt Rd., Chicago, Illinois 60608		
HOST CLUB	Lake Forest Swim Club 555 N. Sheridan Rd Lake Forest, IL 60045	847.735.5372 LFSC@sbcglobal.net www.swimlfsc.org	
MEET ADMINISTRATION	Meet Director: Maureen Sheehan Entries: Michael Lawrence	847.735.5372 847.735.5372	
MEET REFEREE	Elaine Gilbert	elaine.gilbert@comcast.net	
FACILITY	8-lane 25 yard course with permanently affixed starting blocks (12 foot minimum depth throughout the course), Daktronics 6000 timing system. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.		
MEET SCHEDULE	Morning session Afternoon session	Warm-ups: 7:30am Warm-ups: TBA	Meet: 8:30am Meet: 60 minutes after the start of the warm-up period
	Please visit the LFSC website (www.swimlfsc.org) after December 27, 2011, for the afternoon warm-up schedule and to check seeding for heat limited events.		
COACHES MEETING	Coaches meetings will be held if determined necessary by the Meet Referee.		
ELIGIBILITY	All swimmers must be current (2012) members of USA Swimming.		
EVENTS	All events will be timed final events; an event schedule is included with this meet announcement. Events will be offered in the following age categories: 8 & under, 10 & under, 9/10, 11 yr old, 12 yr old, and Senior. Events 5/6, 33, 65/66, 67/68, 69/70, 99/100, 102, 109/110, 135/136 and 137/138 <i>may</i> be limited to three heats based on submitted entry times. Please review the event list to verify heat limitations.		
RELAY EVENTS	All relay events will be pre-seeded based on submitted entry times.		
EVENT LIMITATIONS	Heat limitations will <i>only</i> be imposed if necessary to manage the timeline. It is our intent to swim as many heats as possible. Swimmers may enter and swim five (5) individual events each day.		
ENTRY FEES	\$3.00 per individual event, \$7.00 for each relay; a swimmer surcharge of \$4.00 per swimmer entered in individual events must be included with entry (ISI Swimmer surcharge \$2.00, facility surcharge \$2.00).		
ENTRY DEADLINE	All entries must be received entries via E-mail to LFSCentries@sbcglobal.net by Tuesday, December 27, 2011, 5:00pm. Send forms, waiver and fees to Lake Forest Swim Club, 555 N. Sheridan Rd., Lake Forest, IL 60045		



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ENTRIES

Entries will not be accepted prior to 8:00am Saturday, December 3, 2011, and must be received by Tuesday, December 27, 2011. All entries must be received at the swim club office. Entries may be submitted *via* E-mail to LFSCentries@sbcglobal.net.

Please submit short course yard entry times. All entry times must be achieved in accordance with USA Swimming rules prior to the entry deadline. All entries must be submitted on the entry forms attached or facsimiles thereof. The attached summary form, release and hold harmless statement, and all entry fees must accompany all entries. Failure to comply with any entry requirement will be sufficient cause to refuse entry.

Entries will be accepted in Hy Tek[®] format. A printed copy of the entry, all forms, waivers, and summaries, and a check for entry fees must be received within 96 hours of receipt of entry. The host club accepts no responsibility for receipt of e-mail entries. Confirmation of receipt is the sole responsibility of the sender.

SEEDING

All swimmers are required to check-in and positively declare their intent to swim for each event. Swimmers who do not check-in will be scratched from that event. **Special seeding procedures will be used for disability athletes (see USA Rule 202.2.13).**

Coaches are encouraged to notify the meet host of scratches in advance of the meet *via* FAX (847.735.6198) and e-mail LFSCentries@sbcglobal.net.

AWARDS

All swimmers will receive awards for 1st - 8th place in individual events for 8 & under, 9, 10, 11, 12, and 13/14 age categories. *Special awards will be given to swimmers placing 1-8 in our Featured Event, The Windy City 1000 Freestyle Challenge.*

Heat winner prizes will also be awarded.

DECK ACCESS AND CREDENTIALS

Only contestants, coaches, and working meet officials will be granted access to the competitive area. Current USA Swimming membership card must be continuously displayed while on deck. Coach's information packets will be available at the meet.

SWIMMER SUPERVISION

Each team or coach is responsible for the supervision of his or her swimmers. Swimmers and their families are allowed access to the pool area, concession areas, and designated rest areas, subject to USA Swimming and Illinois Swimming rules. The locker rooms are for changing purposes only: no lockers will be available for swimmers participating in the meet. The meet and/or facility host reserves the right to remove from the meet any swimmer entering an unauthorized area.

In accordance with the Federal Video Voyeurism Prevention Act of 2004, the use of camera phones or video recording devices in the locker rooms is prohibited.

OFFICIALS

Certified officials (stroke and turn judges, starters, or referees) are asked to volunteer by contacting Elaine Gilbert, elaine.gilbert@comcast.net or LFSCentries@sbcglobal.net

ADMISSION

Adults	\$7.00/day
10 & under	\$2.00/day

CONCESSIONS/VENDORS

Food concessions and swimming product vendors will be available during the meet.

MEET RESULTS

Meet results will be posted online at www.swimlsc.org

PARKING

Parking available directly across Roosevelt Rd in University lots; enter on Morgan St.

WINDY CITY SPEEDO® INVITATIONAL

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Saturday, January 7

Warm-up: 7:30 am	7:30 am	EVENT	Meet : 8:30 am	8:30 am
WOMEN	LIMIT	EVENT	LIMIT	MEN
1		Sr 200 Fr Relay		2
3		12 yr old 200 Fr Relay		4
5	24	Sr 400 IM	24	6
7		Sr 50 Free		8
9		12 yr old 50 Free		10
11		Sr 200 Breast		12
13		12 yr old 50 Breast		14
15		Sr 100 Back		16
17		12 yr old 100 Back		18
19		Sr 100 Fly		20
21		12 yr old 100 Fly		22
23		Sr 50 Breast		24
25		Sr 200 Free		26
27		12 yr old 200 Free		28
29		Sr 100 IM		30
31		12 yr old 100 IM		32
33	24	<i>Featured Event, 1000 Free presented by Speedo®</i>		

Warm-up: TBA	TBA	EVENT	Meet: TBA	TBA
GIRL'S	LIMIT	EVENT	LIMIT	BOYS
35		11 & un 200 Fr Relay		36
37		8&un 100 Fr Relay		38
39		11 yr old 100 Free		40
41		9/10 100 Free		42
43		8&un 25 Free		44
45		11 yr old 50 Breast		46
47		10&un 50 Breast		48
49		8&un 25 Breast		50
51		11 yr old 100 Back		52
53		9/10 100 Back		54
55		8&un 25 Back		56
57		11 yr old 50 Fly		58
59		10&un 50 Fly		60
61		8 & un 25 Fly		62
63		11 yr old 100 IM		64
65	24	9/10 100 IM	24	66
67	24	8 & un 200 Free	24	68
69	24	11 yr old 500 Free	24	70

Sunday, January 8

Warm-up: 7:30 am	7:30 am	EVENT	Meet: 8:30 am	8:30 am
WOMEN	LIMIT	EVENT	LIMIT	MEN
71		Sr 200 Med Relay		72
73		12 yr old 200 Med Rel		74
75		Sr 200 Fly		76
77		12 yr old 200 IM		78
79		Sr 50 Back		80
81		12 yr old 50 Back		82
83		Sr 100 Breast		84
85		12 yr old 100 Breast		86
87		Sr 100 Free		88
89		12 yr old 100 Free		90
91		Sr 200 Back		92
93		Sr 50 Fly		94
95		12 yr old 50 Fly		96
97		Sr 200 IM		98
99	24	12 yr old 500 Free	24	100
<i>Featured Event, 1000 Free presented by Speedo®</i>			24	102

Warm-up: TBA	TBA	EVENT	Meet: TBA	TBA
GIRL'S	LIMIT	EVENT	LIMIT	BOYS
103		11 & un 200 Med Rel		104
105		8 & un 100 Med Rel		106
107		11 yr old 200 Free		108
109	24	9/10 200 Free	24	110
111		8 & un 25 Free		112
113		11 yr old 100 Breast		114
115		9/10 100 Breast		116
117		8&un 25 Breast		118
119		11 yr old 50 Back		120
121		10 & un 50 Back		122
123		8&un 25 Back		124
125		11 yr old 100 Fly		126
127		9/10 100 Fly		128
129		8 & un 25 Fly		130
131		11 yr old 50 Free		132
133		10&un 50 Free		134
135	24	11 yr old 200 IM	24	136
137	24	9/10 200 IM	24	138

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SUMMARY OF ENTRIES

Deliver all entries to: Lake Forest Swim Club, 555 N. Sheridan Rd.,
Lake Forest, IL 60045.

TOTAL INDIVIDUAL EVENTS	_____ Women	_____ events X \$4.50 =	\$ _____
	_____ Men	_____ events X \$4.50 =	\$ _____
TOTAL INDIVIDUAL EVENTS			\$ _____

SWIMMER SURCHARGE	_____ Women	\$2.00 =	\$ _____
	_____ Men	\$2.00 =	\$ _____

TOTAL MEET FEES \$ _____

All entries must be received at the swim club office by Tuesday, December 27, 2011, 5:00pm. Please submit all entries *via* E-mail to LFSCentries@sbcglobal.net. Send forms, waiver and fees to Lake Forest Swim Club, 555 N. Sheridan Rd., Lake Forest, IL 60045

Club _____ Code _____

Coaches attending _____

Mailing address _____

Contact for entries _____

Phone Day () _____

Eve () _____

Primary email address for your team _____

In consideration of the acceptance of this entry, I, intending to be legally bound, do hereby consign, waive, and release any and all rights and claims which may accrue against USA Swimming, Illinois Swimming, the Lake Forest Swim Club, the University of Illinois-Chicago, their representatives, employees, directors, officers, successors, for any and all injuries suffered by me or any contestant or representative of my club. I attest that all athletes listed on this entry and participating in this sanctioned/approved event are duly registered as current athlete members of USA Swimming.

SIGNATURE (Club Representative) _____ DATE _____